FORM NUMBER	TWO VEAD FOL	LOW UP OF INC. VIII		ration Date 12/31/79
1,2	TWO YEAR FOL	LOW-UP CLINIC VI	511 13 14 15 16 .	17, ACROSTIC
1. Program Number: 3	14 516171819	10,11 (2),18	11 20 21 22	23,24,25, BATC
2. Name: (PRINT IN BL	OCK CAPITALS)			price price
•	·			
(Mr., Miss, Mrs., Ms	.) Last	First	Middle	_
Month D	<del></del>	$\mathscr{C}$	Hour 5 Minus	
Date: 26,27 28	29 19 30,31	4. Time arrived:	32133 : 341	a.m. p.m. 35 🗓 🗵
Changes required in ide	intifying information: None $7 \Box 37$	HP11A Initiate  ♣□	d	
COMPLETE THE	SECTION BELOW AT TERMI	NATION OF VISIT E	EFORE PARTICIPAN	T LEAVES
. Procedures				
a. Envelope allocati	on of participant			
<ul><li>8 /□ Regular Care</li><li>38</li></ul>				
• •	tion of participant			
9 I 🗆 Regular Care				
39 2 □ Stepped Care		·_		
(ID) I Active	☐ Modified HP08 and HP	I6A completed		
10 2 Stepped	Care refusal			
● Chan	ge of status?			
(i)2□ NO	<del></del>			
41 1 □ YES		eduled: (13) Year Hour	$ \begin{array}{ccc} (j4) & (15) \\ \text{Minute} & 52 \end{array} $	or Modified HP06
	19		☐ a.m.	and HP06A com- pleted (for parti-
	42,43 44,45	[46 1 47] [48 1 49] . -	50 151 2 p.m.	cipants with
	☐ Appointment stip give	<u>n</u>		HP05's)
	ver came for a Second Clinic V	isit →	HP64 completed	
<u></u>	ent to care source?			
NO YES				
(7) <b>2</b> 1	☐ HPO3A completed			
. Review of completed H	P20:			
☐ Every Item on each	page is complete and legible.	☐ ECG com	pleted	
□ Name and Program I	lumber are correct.	☐ Chest X-ra	y completed.	
☐ Fasting blood specin	ien obtained.		nical Center Laboratory	
☐ Urinalysis performed	$\widehat{}$	initiated a	nd entered in Clinic Re	coru.
. Time visit completed:	(8) (19) Hour Minute	<b>2</b> 9 59		
	1 _ 1 i 1	a.m. p.m. '□ <b>2</b> □		
				<b>(21)</b>
This section completed	by:			60,61

	you stand up.					Q5) 68	
1				67 (21)	Cuff size:	<u> </u>	
	Pulse obliteration	pressure:	+30		Regular	Large arm	Thigh 3□
	Peak Inflation lev	ei:			<del></del>	40 OTHE	
	(Baumanometer)			<u> </u>	FLAG TE 111	14	1
	Maximum Zero		t	<del></del>	Otherw	lines com ise	пртесе
	Peak inflation level (Random-Zero)	el:					
).	Blood pressure rea	adings:	Systolic		(27) Diastolic (5th	phase)	
	1. (Std)		69 170 171		721731	74	
	2. (R-Z)			28 <u>75 176177</u>	المراجعة الم		18 179 180
		Zero		© 81.82		(3)	8/3184
		<b>∠</b> €1 U				چ. آھ	<del></del>
		Corrected	(H)	85186187	<u> </u>	 	88 1891 90
	3. (Std)		91 192 193		(35) 94,1951		
	4. (R-Z)			@ <u>97,98,99</u>		(37) 10	016/162
		Zero		38 103 104		$\mathfrak{G}$	105104
		Corrected		40 1071 1081 109		<b>4</b> )[	01/11/12
		Sum of Cor	rected Readings 2	8. 4 <sup>(4)</sup> ['13, '14, 115]		<b>43</b> [	16 1/7 1/8
		Average of of Correcte 2 & 4 Divid					
	5. (St <b>d</b> ) afte 2 minute		44 [19, 120, 12,		(4) [2, 1/2, 1	ار ار	
	6. (R-Z) aft	_		(46) 45, 12, 127		(47) l <sub>2</sub> 2	1, 20,30
	2 minute	s Zero		(8) 13, 13,		(49)	132132
	1	Corrected		So 35, 36, 37		<u></u>	38, 39, 40
⊡	NO YES	ng, or in the	past two days have	e you taken any medic	cation for high b	lood pressure?	
1	2□ /□ Inches		Pou	ınds		<b>6</b> 5)	
•	Height: 42 43	<b>b.</b>	Weight:	c. Perc	ent of ideal weig m standard table	ht: L	149
			_			66 /s0 /5/	ד
4.	ver:					E 2 15 4	1

**Blood Pressure Measurements:** 

9.

## PARTICIPANT MAY NOW BE SENT TO THE LAB FOR DRAWING OF BLOOD SAMPLE

11. a.	(1) Have you ever had any pain or discomform YES NO  2	
	(2) Do you get this pain (or discomfort) where YES NO Never walks up-hill or Skip to 11b	
	(3) Do you get this pain or discomfort when on the level?  YES NO  SS /   2	n you walk at an ordinary pace
	(4) What do you do if you get this pain whi	le γou are walking?
	(5) If you stand still, what happens to the p	ain?
	Relieved Not Relieved	
	157 1□ 2□ + Skip1	to 11 b
	(6) How soon is the pain relieved?	
	(3) 10 minutes or less More than 10 2 □ →	minutes Skip to 11b
	(7) Will you show me where it was?	YES NO
	(64) (a)	Sternum / S 9 / 🗆 2 🗖 (middle or upper)
	(65) (b)	Sternum/Lc O / 🗆 2.
	(c)	Left anterior <b>/</b> □ / (c / <b>2</b> □ chest
		<b>Left arm</b> 162□ <b>1</b> □ <b>2</b>

Comments:

11. b. (1) (70 165 (2) (7) 166	Did you see a doctor because of this pain?  YES NO  P 2 //	Comments   NOTE: For fields   75 and 77:
	Tell me about your first attack:  Date  Duration  Tolority  Tolori	78
11. c. (1) (18) (18) (18) (18) (18) (18) (18) (	Do you get pain in either leg on walking?  YES NO  □ □ □ > Skip to 12  Does this pain ever begin when you are standing still or sitting?  YES NO  □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	

	(7) What do you do if you get this pain while you are walking?	Comments:
(	Stop or slacken pace Continue at same pace  ∠□→ Skip to 12	
	(8) What happens to the pain if you stand still?	
1	Relieved Not Relieved  7	
•	ि १९ (9) How soon is it relieved?	
,	10 minutes More than 10 minutes	, (
(	88 10 20	89 0
	190	191
	Do you get shortness of breath that requires you to stop and rest? YES NO	
	I □ 2□ → Skip to 12b	
	Do you get it walking on level ground or climbing a single flight of stairs?	
	YES NO	
(41)		
<b>12. b</b> .	Do you get shortness of breath when you are lying down flat?	
(92)	YES NO  □ 1 □ 2 Skip to 12c	
194	Does this shortness of breath improve when you sit up, or do you use extra	
	pillows at night to prevent it?	
93	YES NO	
195		
12. c.	Do you get severe shortness of breath which wakes you up when lying down asleep?	
94	YES NO	6
196		197
13. a.	(1) Do you usually cough first thing in the morning (on getting up) in the winter?	
	Include a cough with first smoke or on first going out of doors.  Exclude clearing throat or a single cough.	
	96 □ 1 □ 2	
	98 (2) Do you usually cough during the day—or at night—in the winter?	
	Ignore an occasional cough.	
	YES NO	
	If no to both questions (1) and (2), skip to 13b.	
	199	98) 200

13.	a.	(3) (49)	Do you cough like this on most days (or reights) for as much as three months each year? YES NO
13.	b.	(1)	Do you usually bring up any phlegm from your chest first thing in the morning (on getting up) in the winter?
			Include: Phlegm with the first smoke, phlegm on first going out of doors and swallowed phlegm. Exclude phlegm from the nose.
			YES NO
		(100)	
		202	
		(2)	Do you usually bring up any phlegm from your chest at least twice
			during the day—or at night— in the winter?
		(101)	YES NO
		(101)	□ □ → If no to both questions (1) and (2), skip to 13c.
		203	
		(3)	Do you bring up phlegm like this on most days (or nights) for as
			much as three months each year? YES NO
		(02)	Ų 2
		2011	<b>#</b>
		204	Have you had phlegm like this for 3 years or more?
			YES NO
		(10.3	
		205	
13.	C.	(1)	Does your chest ever sound wheezing or whistling?
		(IDV)	YES NO
		204)	ф <b>a</b>
		206	Do you get this most days—or nights?
			YES NO
		(05)	
		207	
		(2)	Have you ever had attacks of shortness of breath with wheezing?
		(101)	YES NO □ □
		(106)	•
		208	ls (was) your breathing absolutely normal between attacks?
		(100)	YES NO
		W)	
		209	
14.	ln 1	he past t	wo years, have you noticed any decrease in sexual ability?
• • •	YE.		
(10	8) 10		
ک ۱۱۲	ノ <sup>-</sup>	_	
~	•		

Comments

15.

List all medications to which the participant reported having side effects or reactions on HP19 (Items 40c and e, 41b, and 42b).

NOTE:

	Medication	Side Effect	
1.	212, 213, 214	(II) 215 216	
2.	217, 218, 219	<u>(B) 220, 221</u>	
3. 14	222 223 224	(15) 225 226	
4.	• • • • • • • • • • • • • • • • • • • •	@ 230 <b>2</b> 31	
5 (18)	232 233 234	(P) 235 236	

Comments

Code for medication and side effect are from Drug Code List



16. During the past 12 months, the participant has experienced the condition(s) checked below:

Positive responses and additional information as appropriate should be transferred from HP19, Items 13-15, for use by the clinic physician

		Initial diagnosis by HDFP Physician	Confirmation by HDFP Physician	Both
	a. I□ heart attack or coronary. 238	П		LJ
(23)	b.I□ stroke or brain hemorrhage. 240		(24) □ 241	
(25)	c.  ☐ diabetes. 242		(Zb) □243	
(27)	d.I□ cancer. >44		(28) □245	
(129)	e.  □ gout. 246		BB □247	
(3)	f. $\square$ intestinal bleeding or ulcers. $248$		(32) □249	
(33)	g.l $\square$ kidney stones or other kidney trouble 2 50		(34) □251	
(35)	h.[□ cirrhosis or liver disease. 252		(36) □253	
3	$\square$ none of the above $254$			

Comments on any positive response:

	17.	Within the past 12 months, the pa	articipant has experie	nced the co	ndition(s) checked b	elow:
		Positive responses should be tra	ansferred from HP19	, Item 16, f	or use by the clinic p	hysician.
	<b>(31)</b>	a. 🗀 skin rash or unusual bruisin	g. 254			
	(4 <i>0</i> )	b. ☐ swelling or tenderness of th	e breasts. 257			
	(4)	c.   recurrent stomach pains. 25	58			
	(4 <u>2</u> )	d.     waking up too early and ha	ving difficulty getting	g back to sle	ep. 259	
	<u>(43</u> )	e.     black or tarry stools. 240				
	(44)	f. I bright red blood in the stoo	1s. 261			
	(45)	g.  T  frequent depression that int	terfered with work, re	ecreation, o	r sleep. 262	
	(46)	h. □ tiredness or fatigue. ⊇ \(\mathcal{L}\)3				
	(47)	i. I□ nightmares. ⊋ & ∀				
	(4g)	I□ none of the above. ⊋&5				
	18.	Within the past 12 months, the past	articipant has experie	enced the co	ndition(s) checked b	elow:
		Positive responses should be tr	ansferred from HP19	), Item 17, f	or use by the clinic p	hysician.
	49	a. I□ an illness or injury which the hospital. 266	kept the participant	t in bed fo	r a week or more, o	r sent the participant to
	(5)	b. 🗆 attacks of headache, racing	of the heart, and swe	eating all at	once. 267	
		c.     headaches so bad that the p	articipant had to sto	p what he o	r she was doing. こん	8
	(5 <sub>2</sub> )	d.I ☐ faintness or light-headednes	ss when he or she star	nds up quicl	dy. 269	
	<u> </u>	e.     heart beating fast or skipping	ng beats. 270			
•	(Sq)	f. I D blacking out or losing consc	ciousness. 27/			
	<b>(</b> F)	g.   □ a change in physical appe development of a lump. ⊋ ?		d the partic	cipant—for instance,	changes in the skin or
	(F)	h. ↓□ worries about physical sym	ptoms which a docto	r could not	explain. 273	
	(5 <sub>7</sub> )	1 $\square$ none of the above. $274$				
			PHYSICAL EXA	MINATION		
	·····	Area Examined				Description of Findings
	19.	GENERAL APPEARANCE:	Abnorma	al	Normal <b>2</b> □	(59) P 6
	20.	SKIN:	Abnorma 277	al	Normal 2∕□	
		Xanthomata:	(6) 1□ 278		NO <b>2</b> □	
		Other findings noted, specif	fy:	(1/3)	- A 11	(164)
		(62) 229		(63) 28	o Flag P %	281

**8/1/74**Revised 6-1-84

HP20/8

Right

Left BOTH NONE

3

Ø 307

HP20/9

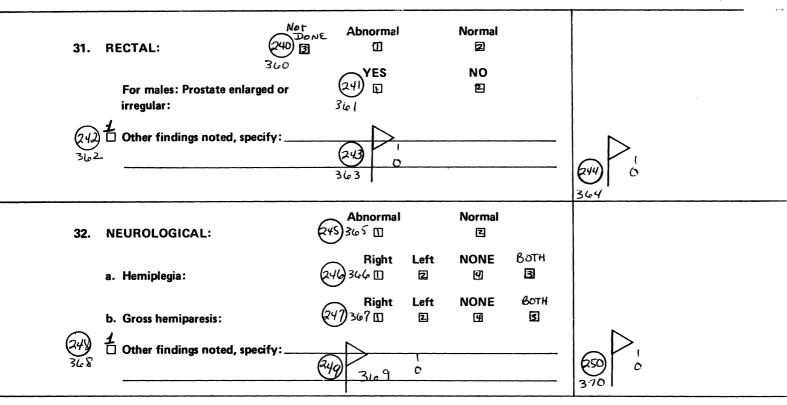
308 8/1/74

c. Diminished carotid pulsations:

☐ Other findings noted, specify:

	PH NODES: secific findings noted, specify:	Abnormal (91) □ <b>1</b>	Normal <b>2</b> □ 3il	(94) > 'o
	ST AND LUNGS:	Abnormal (95)1 □ YES (96)1 □	Normal 2□3/5 NO 2□3/6	
197 - On	ther findings noted, specify:	(9y) 0 318		(99) , 'o'
	ASTS (FOR WOMEN): ble mass:	Abnormal  2001	Normal 2日 3名ひ it Both NONE i 国 図 321	
	ther findings noted, specify:	323		324
27. HEA	RT:	Abnormal	Normal <b>2</b> □ 3⊋く	
a. Al	bnormal apical impulse:	YES U	<b>NO</b> <b>2</b> □324	
b. Iri	regular apical heart rate:	20 <b>7</b> 1	<b>2</b> 0327	
c. He	eart rate greater than 100/minute:	<b>∞</b> 1□	<b>2</b> □32§	
d. S	3 gallop:	<b>91</b> 0	<b>2</b> 0329	
e. Sy	rstolic murmur:	2010	<b>2</b> D330	
	astolic murmur	21/10	<b>2</b> □ 33 i	Quy P
332 _	ther findings noted, specify:	333		334
				•

28. ABDOMEN:	Abnormal (215) <b>1</b> $\Box$	Normal 2□ 335	
a. Hepatomegaly:	YES <b>1</b> □	NO <b>2.</b> ⊡ 33 <b>⁄</b> ¢	
b. Upper abdominal bruit:	YES (a) <b>1</b> □	NO <b>2</b> □33 <sup>7</sup>	
Other findings noted, specif	(219)		
	339		340
29. EXTREMITIES:	Abnormal (22) 1 □	<b>Normal 2</b> □ 341	340
a. Definite ankle edema:	YES 1 □	<b>NO</b> <b>2</b> □342	
b. Pulses present:	RIGHT	LEFT	
•	Nor- Dimin- Ab- Nor- mal ished sent mal  3 4 3	Dimin- Ab- ished sent  344 3	
	D345	□ 346 □ <del>@</del>	
femoral (only if posterior tibial and dorsalis pedis pulses are both missing)	0347 0 0 0	□ 348 □ €3)	
c. Amputation:	Right Left  (Z2) Describe:  230	NONE BOTH	
	35	0	
	Done two or YES 23 1 □	more years ago? NO Z 351	
Other findings noted, specif	y:	)	354
	Not	N	, , , , , , , , , , , , , , , , , , , ,
30. PELVIC:	Done Abnormal 印	Normal 결	
Pap smear (must be done if results available from smear within last 18 months)	Normal Abnormal no □2 □2	Positive □3	
(२५७) 1□ Other findings noted, specif	y:		(239)
357	(238)		359
<b>8/1/74</b> Revised 6-1-84	328	'	HP20/11



33. OTHER PHYSICAL FINDINGS, SPECIFY:



34. Record all drugs which were being taken at the time the HP19 was administered. (Review Items 41b and 42b of the HP19.)

a. antihypertensives  1. thiazides or thiazide-like compounds 375  2. spironolactone 376  3. other diuretics 377  4. reserpine or other rauwolfia alkaloids 378  5. guanethidine 379  5. hydralazine 380  7. methyldopa 381  268  9. other antihypertensives 383	Being Taken  1	Not Being Taken  2	
b. cardiovascular preparations  1. digitalis 384  2. nitroglycerin 385  263. other cardiovascular preparations 386	<u> </u>	<u> </u>	
c. analgesics 1. aspirin-containing compounds 387 2672. other analgesics 387 268 d. antibiotics 389	_ _ _	_ _ _	
(26)e. anticoagulant agents 370			
f. antidiabetic agents  279 1. insulin 391  27) 2. oral hypoglycemics 392			
g. antihistamines 393			
(13) h. antithrombic agents 394  i. gout medications 395	0	0	
j. hormonal preparations 1. corticosteroids 396 2702. thyroid preparations 397 3. oral contraceptives 398 2734. other hormonal preparations 399			
279) k. hypnotics 400			
(89). lipid-lowering agents 40 / Potassium 402 m. tranquilizers 40 3			
n. other medications (83) 404			(284)
This checklist completed by:			(Ky) 1/0/2 1/0/2

## 35. DIAGNOSTIC SUMMARY

a. Physician's Diagnoses: (List significant findings in order of importance.)



**8/1/74**Revised 6-1-84

HP20/14

36. REVIEW OF RESULTS OF EXAMINATION	
a. Review of results of examination and discussion with participant:	
(383) ☐ 1General explanation of high blood pressure 505	
1Present status of individual in terms of risk factors: 504	
135	
(3%) □1Smoking (if greater than 10 cigarettes per day) 508 (37)□(Percent of ideal weight (if 140% or greater) 509	
ON / Experient of ideal weight (if 140% of greater) 50 /	
b. Are results to be sent to an outside source of care?	
YES NO	
(899) <b>1</b> □ <b>2</b> □	
510	
Source of Care	
Complete HP03A Release of Program Information, signed	
c. Serious acute condition?	
NO YES	
(389) 2□ 1□ → □ Appropriate actions taken to bring condition under control	
511	
d. Envelope allocation of participant	
Regular Care	
Stepped Care	
212	
e. Treatment allocation of participant	
Regular Care	
2☐ Stepped Care → Complete modified HP06 and HP06A	
f. Stepped Care refusal	
392) 1 Participant refusal 514	
393 1 Explanation of Program, including continuing participant eligibility \$15	
(394) 1Agrees to participate 514	
(395) [Participant to contact source of care 517	
(396)	
39)□1No source of care to contact 5;9	
Continuing refusal to participate 520	
(399) Care source refusal $\leq$ 2. (	
#20 LExplanation of Program, including continuing participant eligibility 522	
(401) Continuing willingness to participate 523	
(42) □1Participant to contact care source 524 (43) □1Program to contact care source 525	
(1/24) Participant refusal 524	
(Program decision) 527	
(10) DIParticipant will participate 528	
Participant will not participate 529	
	(408)
Physician or Therapist Signature	5301531
larger at	